

There are 5 dance poles in our beautiful studio. They are 45mm stainless steel poles that have a static and spinning mode. Our studio allows two students per pole. Please adhere to our policies below.

- **Aim for a positive environment**– Please check negativity, ego, and pettiness at the door. We all have bad days; try to keep your dance space a safe space to focus on you. Let's do our best to support each other and dance together.
- **Teaching other students in class is not allowed.** For the safety of the class, please leave the teaching, coaching, and spotting to the instructor.
- **Please read class descriptions and be prepared.** We want you to have a good time and learn! We try to prepare you for what you might need and what to expect in class. Reading the class descriptions will inform you of what you might want to bring or wear.
- **No rings on fingers, or jewelry on the poles:** These items cause damage to the poles and can cause injury.
- **Please do not wear lotions or body oils to class:** These products can create grip problems for you and others who use the poles, which can lead to compromised safety and injury. (please contact us or see FAQ for further information on this.)
- **No food, non-water beverages, or gum chewing etc. in class:** The classroom is a food free environment. Water containers must have lids. Things like gum and mints can be choked on during dancing.
- **No cell phones in class:** Minimize disruption and distraction in the classroom.
- **No outside shoes on the studio floor:** Keep outside dirt off the studio floor.
- **No sexual harassment:** Treat all students with equal respect. No inappropriate comments or non-consensual touching will be tolerated.
- **No alcoholic beverages or illegal substances** in the studio.
- **Filming:** You may use your camera phone to film yourself or your friend during freestyle or after class if the instructor and persons on film consent. You must seek consent from anyone starring in or in the periphery of your video, or wait until there are fewer students in the space. Please do not film anyone else in the class, or expect photos and video to be tolerated. Not everyone wants to be filmed or photographed.
- **No late students:** Students may not be more than 10 minutes late (If class starts at 7:30, doors will be locked after 7:40). Students should arrive 15 minutes in advance of the class to check in, fill out forms, get dressed, and get familiar with the studio space. Late students disrupt and distract the class, and may miss imperative warming up. Please be punctual so that you can warm-up properly for class, as missing warmup time increases risk of injury. Please contact the instructor of the class in case of emergencies or last minute issues.
- **12 hour cancellation policy:** Use your Punchpass account to cancel class no less than 12 hours in advance. Your class punch will be taken if you fail to cancel.

Signature

Print

Date